



		W (Moderate)
		Mild
	Weather;	Dry

Club-Rothaíochta Na-Sionainna

	WEEK 4	02/05/2013

No.	Name	Cat.	PB (2012)	Pos.	Points	PB	kmph	club	Time	kmph	Points
	Dermot Radford	ME	00:00	1st	(78)	21:09	42.6	Tipp Whlers	21:51	41.2	(20)
	Simon Ryan	ME	00:00	2nd	(59)	21:03	42.8	Visit Nenagh	22:17	40.4	(19)
	Rory Sexton	MS	00:00	15th	(20)	23:36	38.1	Fermoy CC	23:36	38.1	(20)
	Richard Quinn	MS	24:36	6th	(48)	24:30	36.7	CRNS	24:30	36.7	(19)
	Richard Bresnan	MS	00:00	18th	(18)	24:48	36.3	Tipp Whlers	24:48	36.3	(18)
	Tommy Bynes	MS	00:00	1st	(77)	23:00	39.1	Tipp Whlers	24:49	36.3	(17)
174	Daithi Queally	ME	21:53	3rd	(53)	23:55	37.6	W.Clare CC	24:51	36.2	(18)
	Keith Coyle	MS	00:00	22nd	(16)	25:12	0.0		25:12	(+) 30 sec	(16)
	John O'Shea	MV	00:00	2nd	(58)	24:20	37.0	Limk Tri	25:48	34.9	(20)
	Niall O'Grady	MS	24:36	7th	(44)	25:30	35.3	CRNS	25:55	34.7	(15)
	Eoin Concannon	MS	23:07	3rd	(55)	24:43	36.4	Limk Tri	26:02	(+) 30 sec	(14)
	Thomas O'Brien	MS	25:55	9th	(36)	26:10	34.4	CRNS	26:10	34.4	(13)
	Michael Heaney	MR	00:00	1st	(79)	26:31	33.9	GoTri	26:31	33.9	(20)
	Anthony Boyle	MS	00:00	23rd	(16)	26:29	34.0	CRNS	26:36	33.8	(12)
	Martina Byrnes	FS	00:00	1st	(78)	24:19	37.0	Tipp Whlers	26:42	33.7	(20)
	Liam Kennedy	MS	24:30	2nd	(64)	24:33		CRNS	26:44	33.7	(11)
	Dermot Ryall	MS	00:00	13th	(26)	26:30	34.0	CRNS	26:57	33.4	(10)
	Richard English	MS	00:00	12th	(27)	25:25	35.4	Tipp Whlers	27:04	33.3	(9)
51	Paul Horan	MS	23:11	11th	(28)	27:44	0.0	Dolmen	27:44	(+) 4 min	(8)
	Brian Dolan	MR	26:55	9th	(38)	27:58	32.2	Ennis Tri	27:58	32.2	(19)
	John O'Gorman	MR	00:00	5th	(50)	27:59	32.2	CRNS	27:59	32.2	(18)
	Brian Mahony	MR	00:00	2nd	(61)	28:00	32.1	CRNS	28:00	32.1	(17)
	Kevin Dunne	MJ	28:45	1st	(40)	28:16	31.8	Limk CC	28:16	31.8	(20)
	Shiela Clavin	FS	23:57	2nd	(78)	24:16	37.1	Garda	28:20	31.8	(19)
	Eva Barrett	FS	28:54	3rd	(68)	28:50	31.2	Limk Tri	28:50	31.2	(18)
	Darragh Fahy	MR	27:18	8th	(39)	29:12	30.8	GoTri	29:12	30.8	(16)
	Darragh Lynch	MR	00:00	4th	(52)	29:15	30.8	Ennis Tri	29:15	30.8	(15)
	Jamie Hurley	MR	00:00	6th	(50)	29:24	30.4	C4SC	29:24	(+) 30 sec	(14)
	Erin O'Donoghue	FS	29:58	11th	(33)	29:36	30.4		29:36	30.4	(17)
	Michael Collins	MR	25:34	19th	(13)	29:46	30.2		29:46	30.2	(13)
	Becky Coughlan	FS	00:00	7th	(46)	29:49	30.2	Ennis Tri	29:56	30.1	(16)
	John Culleton	MR	00:00	11th	(33)	31:22	28.7	GoTri	31:22	28.7	(12)
	Evan O'Gorman	MJ	00:00	2nd	(19)	31:39	28.4	CRNS	31:39	28.4	(19)
	Matt senton	MR	26:56	21st	(11)	31:59	28.1		31:59	28.1	(11)
	Luke O'Neill	MJ	00:00	3rd	(18)	32:45	27.5	CRNS	32:45	27.5	(18)
	Jake McMahan	MJ	00:00	4th	(17)	33:10	27.1	CRNS	33:10	27.1	(17)
	Patricia Hough	FS	00:00	9th	(40)	34:31	26.1	GoTri	34:57	25.8	(15)
	Karena O'Mahony	FS	00:00	14th	(25)	34:50	25.8		34:57	25.8	(14)
	Shauna Ryall	FS	00:00	4th	(62)	32:22	27.8	CRNS	MARSHALL		(20)
	Brenda Cosgrove	FS	32:57	5th	(54)	34:57	25.8		MARSHALL		(20)
	Martina Clancy	FS	37:10	8th	(43)	33:57	26.5	CR Sionainna	MARSHALL		(20)
	Eamonn Morgan	MS	21:53	1st	(80)	23:26	38.4	W.Clare CC	MARSHALL		(20)